County	State	Metro Rural**	Medicare Eligibles	Percent Enrolled in MA+ Prepaid	Percent Enrolled in MA	Percent Enrolled in PFFS	Percent Enrolled in HMO POS	Percent Enrolled in PPOs
Accomack	VA	Rural	9,377	16.3%	16.3%	0.0%	1.0%	15.3%
Albemarle	VA	Metro	22,346	10.9%	10.7%	0.0%	5.2%	5.5%
Alexandria City	VA	Metro	20,383	14.3%	8.7%	0.2%	4.1%	4.4%
Alleghany	VA	Rural	4,694	15.6%	12.5%	0.0%	4.2%	8.4%
Amelia	VA	Metro	3,307	22.8%	22.8%	0.0%	7.9%	14.9%
Amherst	VA	Metro	8,272	18.9%	18.7%	2.0%	0.9%	15.8%
Appomattox	VA	Metro	4,131	16.9%	16.9%	2.0%	1.4%	13.5%
Arlington	VA	Metro	26,878	13.2%	6.7%	0.0%	3.0%	3.7%
Augusta	VA	Metro	19,510	14.0%	14.0%	3.3%	3.0%	7.7%
Bath	VA	Rural	1,344	5.0%	5.0%	2.4%	0.0%	2.6%
Bedford	VA	Metro	20,268	17.8%	17.8%	4.5%	0.5%	12.8%
Bedford City	VA	Metro	1,400	1.8%	1.8%	1.8%	0.0%	0.0%
Bland	VA	Rural	1,904	23.3%	22.1%	4.6%	9.9%	7.6%
Botetourt	VA	Metro	9,283	22.7%	22.4%	1.1%	15.4%	5.8%
Bristol City	VA	Metro	4,945	41.5%	41.5%	1.0%	37.1%	3.4%
Brunswick	VA	Rural	4,240	19.5%	19.5%	7.8%	5.0%	6.7%
Buchanan	VA	Rural	7,680	43.0%	39.8%	4.9%	21.7%	13.2%
Buckingham	VA	Metro	3,812	15.1%	15.1%	4.1%	2.0%	8.9%
Buena Vista City	VA	Rural	1,594	16.4%	16.4%	0.0%	5.1%	11.4%
Campbell	VA	Metro	13,570	18.1%	17.9%	0.0%	0.6%	17.3%
Caroline	VA	Metro	6,390	17.3%	17.3%	0.0%	3.8%	13.5%
Carroll	VA	Rural	8,639	15.5%	15.5%	9.2%	0.5%	5.9%
Charles City	VA	Metro	2,037	21.5%	21.5%	0.0%	4.7%	16.8%
Charlotte	VA	Rural	3,564	16.0%	15.7%	0.0%	1.1%	14.6%
Charlottesville City	VA	Metro	7,119	10.1%	9.4%	0.0%	5.3%	4.2%
Chesapeake City	VA	Metro	41,216	20.9%	20.8%	0.4%	13.7%	6.7%
Chesterfield	VA	Metro	64,465	23.6%	23.5%	0.7%	14.6%	8.2%
Clarke	VA	Metro	3,596	11.0%	11.0%	0.0%	0.9%	10.2%
Colonial Heights City	VA	Metro	4,618	15.5%	15.5%	0.0%	10.0%	5.5%
Covington City	VA	Rural	1,822	11.8%	11.8%	0.0%	4.6%	7.2%
Craig	VA	Metro	1,443	23.1%	23.1%	1.1%	15.7%	6.3%

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Culpeper	VA	Metro	10,091	13.6%	13.6%	0.0%	0.8%	12.8%
Cumberland	VA	Rural	2,448	20.1%	20.1%	0.0%	2.7%	17.4%
Danville City	VA	Micro	11,962	25.5%	25.5%	0.0%	5.6%	20.0%
Dickenson	VA	Micro	5,086	45.6%	42.1%	1.4%	35.0%	5.7%
Dinwiddie	VA	Metro	6,329	20.2%	20.2%	0.0%	10.6%	9.6%
Emporia City	VA	Rural	1,322	18.7%	18.7%	4.8%	5.9%	7.9%
Essex	VA	Rural	3,144	19.4%	19.4%	4.9%	5.8%	8.7%
Fairfax	VA	Metro	163,905	16.8%	8.7%	0.0%	3.6%	5.1%
Fairfax City	VA	Metro	4,802	14.9%	8.0%	0.0%	2.9%	5.1%
Falls Church City	VA	Metro	2,357	12.2%	3.9%	0.0%	1.2%	2.7%
Fauquier	VA	Metro	13,569	10.3%	10.3%	0.0%	2.9%	7.4%
Floyd	VA	Metro	4,305	19.2%	19.2%	1.0%	12.6%	5.6%
Fluvanna	VA	Metro	6,399	12.3%	12.1%	0.0%	2.2%	9.9%
Franklin	VA	Metro	15,488	27.4%	27.3%	0.0%	21.1%	6.2%
Franklin City	VA	Rural	2,210	15.7%	15.7%	0.0%	5.1%	10.5%
Frederick	VA	Metro	17,736	13.3%	13.3%	0.0%	0.9%	12.4%
Fredericksburg City	VA	Metro	4,886	10.3%	10.3%	1.3%	2.1%	6.9%
Galax City	VA	Rural	2,156	6.8%	6.8%	2.5%	0.5%	3.8%
Giles	VA	Metro	4,849	21.0%	21.0%	6.0%	2.0%	13.0%
Gloucester	VA	Metro	9,074	16.3%	16.3%	0.8%	3.7%	11.9%
Goochland	VA	Metro	6,277	20.1%	20.1%	1.3%	10.1%	8.8%
Grayson	VA	Rural	4,976	18.2%	18.2%	2.2%	10.8%	5.2%
Greene	VA	Metro	4,082	11.8%	11.8%	0.0%	2.2%	9.7%
Greensville	VA	Rural	2,685	27.9%	27.9%	13.0%	4.6%	10.2%
Halifax	VA	Rural	10,028	16.3%	16.3%	4.0%	1.6%	10.7%
Hampton City	VA	Metro	27,156	25.3%	25.0%	0.4%	18.1%	6.6%
Hanover	VA	Metro	22,305	23.8%	23.7%	1.0%	12.9%	9.8%
Harrisonburg City	VA	Metro	6,138	10.5%	10.5%	4.8%	0.3%	5.4%
Henrico	VA	Metro	60,918	26.2%	26.0%	0.9%	17.3%	7.9%
Henry	VA	Micro	15,792	27.9%	27.9%	0.0%	14.2%	13.7%
Highland	VA	Rural	831	6.4%	6.4%	2.6%	0.0%	3.7%

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Hopewell City	VA	Metro	4,996	21.6%	21.6%	0.0%	16.4%	5.3%
Isle of Wight	VA	Metro	8,831	20.1%	20.1%	1.0%	10.2%	8.9%
James City	VA	Metro	22,323	13.5%	13.5%	0.0%	5.2%	8.3%
King George	VA	Rural	4,238	8.9%	8.9%	1.5%	1.5%	5.9%
King William	VA	Metro	3,655	14.7%	14.7%	0.0%	3.7%	11.0%
King and Queen	VA	Rural	1,901	16.0%	16.0%	0.0%	3.2%	12.8%
Lancaster	VA	Rural	4,588	12.5%	12.5%	5.7%	0.7%	6.1%
Lee	VA	Rural	6,738	44.0%	41.7%	1.0%	35.9%	4.8%
Lexington City	VA	Rural	1,873	6.6%	6.6%	0.0%	1.4%	5.2%
Loudoun	VA	Metro	40,931	16.5%	10.1%	0.2%	4.7%	5.2%
Louisa	VA	Rural	8,714	18.2%	18.2%	0.0%	9.2%	9.1%
Lunenburg	VA	Rural	3,224	14.3%	14.3%	0.0%	3.4%	10.9%
Lynchburg City	VA	Metro	16,374	17.2%	16.8%	0.0%	0.7%	16.2%
Madison	VA	Rural	3,271	13.0%	13.0%	0.0%	1.1%	11.9%
Manassas City	VA	Metro	5,353	16.6%	10.3%	0.0%	5.2%	5.1%
Manassas Park City	VA	Metro	1,565	19.9%	11.1%	0.0%	5.2%	5.9%
Martinsville City	VA	Micro	4,548	22.5%	22.5%	0.0%	11.2%	11.3%
Mathews	VA	Metro	3,020	15.3%	15.3%	0.0%	2.6%	12.6%
Mecklenburg	VA	Rural	9,663	19.4%	19.4%	8.0%	3.5%	7.9%
Middlesex	VA	Rural	3,905	14.8%	14.8%	4.0%	3.8%	7.0%
Montgomery	VA	Metro	14,902	18.5%	18.5%	0.0%	13.2%	5.3%
Nelson	VA	Metro	5,011	13.3%	13.3%	0.0%	3.6%	9.7%
New Kent	VA	Metro	4,945	17.1%	17.1%	0.0%	3.1%	14.0%
Newport News City	VA	Metro	30,789	25.8%	25.4%	0.3%	19.3%	5.8%
Norfolk City	VA	Metro	35,941	25.4%	25.2%	0.4%	20.8%	4.1%
Northampton	VA	Rural	3,838	18.0%	18.0%	0.7%	2.9%	14.5%
Northumberland	VA	Rural	4,984	13.3%	13.3%	4.0%	0.9%	8.4%
Norton City	VA	Micro	1,351	29.5%	28.1%	0.0%	24.4%	3.6%
Nottoway	VA	Rural	3,976	15.5%	15.5%	7.0%	3.5%	5.0%
Orange	VA	Rural	9,642	12.2%	12.2%	1.7%	1.7%	8.9%
Page	VA	Rural	6,498	14.0%	14.0%	0.6%	0.5%	12.9%

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County	State	Metro Rural**	Medicare Eligibles	Percent Enrolled in MA+ Prepaid	Percent Enrolled in MA	Percent Enrolled in PFFS	Percent Enrolled in HMO POS	Percent Enrolled in PPOs
Patrick	VA	Rural	5,439	22.4%	22.4%	13.0%	1.4%	8.0%
Petersburg City	VA	Metro	8,212	24.5%	24.3%	1.1%	19.1%	4.2%
Pittsylvania	VA	Micro	17,220	26.4%	26.2%	3.0%	3.1%	20.2%
Poquoson City	VA	Metro	2,697	11.1%	11.1%	0.0%	5.2%	5.9%
Portsmouth City	VA	Metro	19,696	25.2%	25.1%	0.4%	20.4%	4.3%
Powhatan	VA	Metro	6,438	20.1%	20.1%	1.1%	10.0%	8.9%
Prince Edward	VA	Rural	5,108	15.4%	14.9%	5.8%	0.5%	8.6%
Prince George	VA	Metro	6,516	12.5%	12.5%	0.0%	2.9%	9.6%
Prince William	VA	Metro	53,659	17.9%	10.1%	0.0%	4.7%	5.4%
Pulaski	VA	Metro	9,577	20.4%	20.2%	2.2%	9.5%	8.5%
Radford City	VA	Metro	2,327	15.8%	15.8%	1.2%	11.0%	3.6%
Rappahannock	VA	Metro	2,181	8.8%	8.8%	1.0%	0.0%	7.8%
Richmond	VA	Rural	2,161	18.4%	18.4%	5.7%	1.5%	11.1%
Richmond City	VA	Metro	38,076	31.2%	31.1%	0.8%	25.3%	5.0%
Roanoke	VA	Metro	25,950	22.5%	22.4%	0.7%	15.4%	6.3%
Roanoke City	VA	Metro	22,813	27.8%	27.5%	0.7%	22.0%	4.7%
Rockbridge	VA	Rural	6,500	14.6%	14.6%	0.0%	3.8%	10.7%
Rockingham	VA	Metro	18,428	13.7%	13.7%	6.5%	0.3%	6.9%
Russell	VA	Rural	8,325	39.4%	37.4%	2.0%	27.4%	7.9%
Salem City	VA	Metro	6,831	18.9%	18.9%	0.6%	13.5%	4.9%
Scott	VA	Metro	7,008	50.8%	50.3%	0.0%	44.7%	5.6%
Shenandoah	VA	Rural	11,153	13.8%	13.8%	0.0%	0.1%	13.7%
Smyth	VA	Rural	9,145	27.5%	27.3%	2.2%	21.0%	4.1%
Southampton	VA	Rural	4,427	15.3%	15.3%	2.4%	3.3%	9.6%
Spotsylvania	VA	Metro	22,239	12.7%	12.7%	1.3%	2.5%	8.9%
Stafford	VA	Metro	19,260	10.1%	10.1%	1.0%	1.9%	7.2%
Staunton City	VA	Metro	6,965	12.7%	12.7%	2.5%	3.0%	7.2%
Suffolk City	VA	Metro	17,367	21.4%	21.3%	0.7%	13.3%	7.3%
Surry	VA	Rural	1,730	19.8%	19.8%	0.0%	2.0%	17.9%
Sussex	VA	Metro	2,632	20.9%	20.9%	0.0%	4.6%	16.2%
Tazewell	VA	Micro	12,647	33.8%	30.6%	3.2%	15.3%	12.2%

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County	State	Metro Rural**	Medicare Eligibles	Percent Enrolled in MA+ Prepaid	Percent Enrolled in MA	Percent Enrolled in PFFS	Percent Enrolled in HMO POS	Percent Enrolled in PPOs
Virginia Beach City	VA	Metro	76,771	18.2%	18.1%	0.4%	13.0%	4.7%
Warren	VA	Metro	8,225	11.4%	11.4%	0.0%	1.7%	9.6%
Washington	VA	Metro	15,910	35.9%	35.5%	1.6%	29.3%	4.6%
Waynesboro City	VA	Metro	5,376	13.5%	13.5%	2.9%	3.5%	7.1%
Westmoreland	VA	Rural	5,381	11.7%	11.7%	2.2%	0.9%	8.6%
Williamsburg City	VA	Metro	3,096	13.5%	13.5%	0.5%	5.6%	7.4%
Winchester City	VA	Metro	5,918	12.3%	12.3%	0.0%	1.3%	11.1%
Wise	VA	Micro	11,281	42.1%	39.0%	0.7%	34.0%	4.2%
Wythe	VA	Rural	8,068	24.6%	24.3%	2.1%	16.0%	6.1%
York	VA	Metro	13,258	12.8%	12.8%	0.3%	6.3%	6.2%
Total***	VA		1,604,752	20.0%	18.3%	1.0%	9.6%	7.6%

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*Excludes enrollment in any county and plan if the plan enrolls 10 or fewer enrollees in that county (due to restrictions on data release by CMS). **Metropolitan counties are those that contain a metropolitan area. Micropolitan counties contain an urban core of at least 10,000 (but

less than 50,000) population. Rural counties contain no places with a population greater than 10,000.

***State totals do not include persons with pending county designations. Compiled by the Rural Policy Research Institute (RUPRI) https://ruprihealth.org