Health Insurance Marketplaces:

Geographic Variation in Premiums, Choices, Enrollment across the U.S., 2014-2016 and Impacts on Health System

Rural Hospital Interest Group Meeting January 2016



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Outline

- Marketplace experiences
 - Overview
 - RUPRI Analysis
 - Data and Methods
 - Premiums, 2014-2016
 - Enrollment
- Impacts on health system?
 - Uninsured
 - Medicaid and Rural
- Other issues? Discussion
 - Narrow networks
 - Other measures of affordability (e.g. deductibles)
 - Uncompensated care
- Conclusions, Policy Implications, Future Work





Key Questions

- What is the variation in marketplaces, especially in rural areas?
 - In particular, how do premiums, plan choices, and other aspects of marketplace plans vary across the U.S.? And how has this changed over time: 2014, 2015, 2016?
 - Is there evidence that rural marketplaces are robust, that is, are plans affordable, is enrollment strong, and are there improvements in firm participation?
 - What policies are associated with robust performance in rural areas? What geographic/demographic characteristics are associated with weak marketplace performance?



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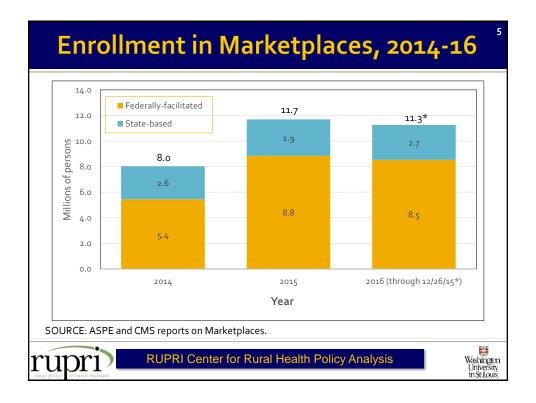


Marketplaces



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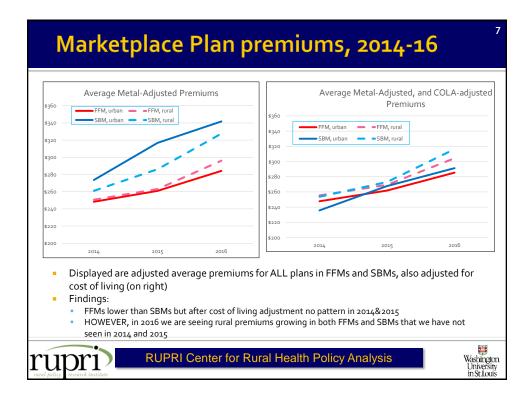


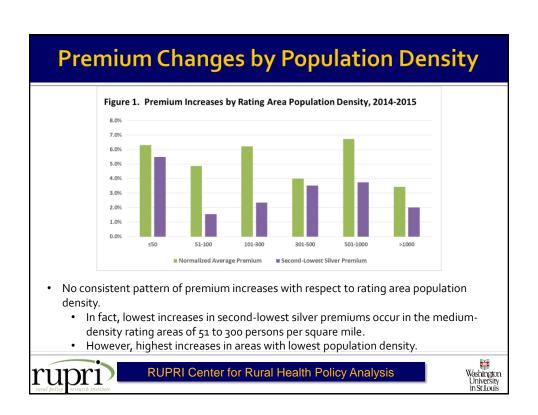
Data

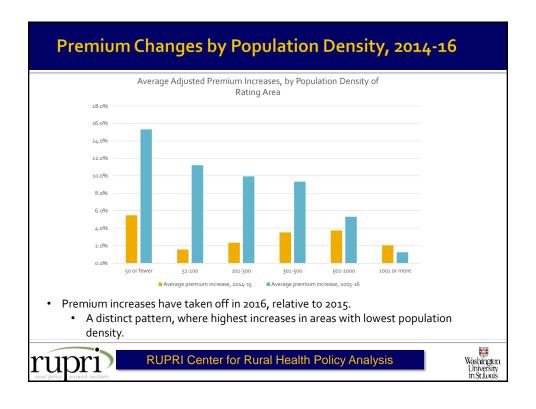
- RUPRI has compiled a large database on Marketplaces
 - Nearly all rating areas in the U.S. (n=500)
 - both Federally-facilitated Marketplaces (FFMs) and State-Based Marketplaces (SBMs)
 - Data for all plans, all metal types and for 2014, 2015, 2016
 - Linked to other data at the geographic level
 - Data available on ALL types of marketplace plans, and adjusted for type of plan and cost of living (COL).
- Received access to a county-level, uncensored 2015 enrollment data for all FFM and partnership marketplaces

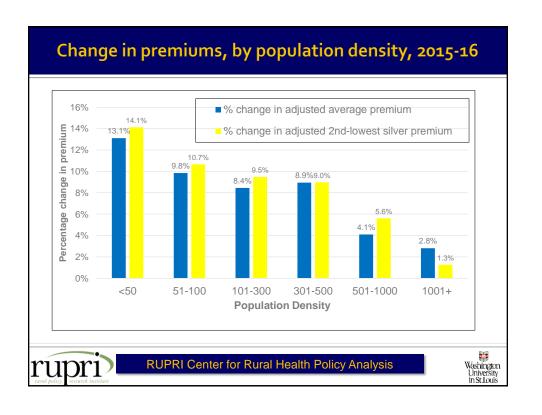


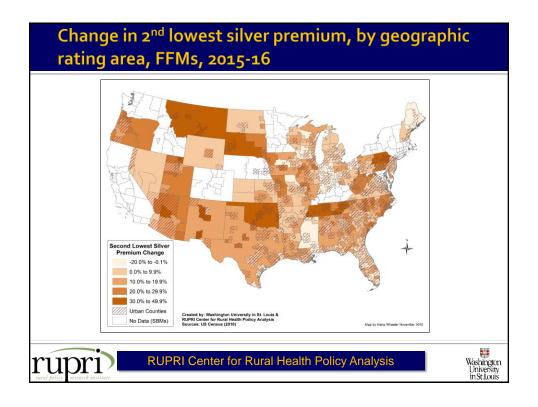












	URBAN	RURAL
Medicaid Expansion States	N=319	N=590
Average adjusted premium, 2016	\$277.45	\$295.03
Average % increase, 2015-16	7.2%	10.8%
2nd-lowest silver adjusted premium, 2016	\$237.77	\$263.06
Average % increase, 2015-16	8.6%	11.9%
Non-Expansion States	N=614	N=1079
Average adjusted premium, 2016	\$294.15	\$308.91
Average % increase, 2015-16	11.3%	14.1%
2nd-lowest silver adjusted premium, 2016	\$260.43	\$279.31
Average % increase, 2015-16	12.9%	16.4%

Premiums growth by region and geographic status, 2015-2016



- Premiums tend to be higher in rural and growth rates higher
- Premium growth rates highest in West, South
- Analysis based only on FFM states so far (our work is in progress).



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Relationship between Number of Firms per County and Percent Change in Average Premium Price, 2015-2016, Federally Facilitated Marketplaces Only

	С			
2015 number of firms	Gain of firms	No change	Loss of firms	Total
1 or 2 firms				
Average percent change in average adjusted premium	13.0%	16.2%	2.7%	
Average percent change in 2nd-lowest silver adjusted premium	11.1%	19.5%	13.8%	
Number of counties	239	384	89	716
(%)	(34%)	(54%)	(12%)	
3 or 4 firms				
Average percent change in average adjusted premium	11.3%	12.5%	16.5%	
Average percent change in 2nd-lowest silver adjusted premium	8.9%	11.1%	20.6%	
Number of counties	178	519	479	1176
(%)	(15%)	(44%)	(41%)	
5+ firms				
Average percent change in average adjusted premium	3.7%	5.9%	8.1%	
Average percent change in 2nd-lowest silver adjusted premium	1.9%	7.7%	12.7%	
Number of counties	128	196	386	710
(%)	(18%)	(28%)	(54%)	
Total Numbers of Counties	549	1099	954	2602

- Premiums growth tends to be higher where counties experienced a loss of firms, and where the number of firms is lower or was to begin with, as well)
- Analysis based only on FFM states so far (our work is in progress).



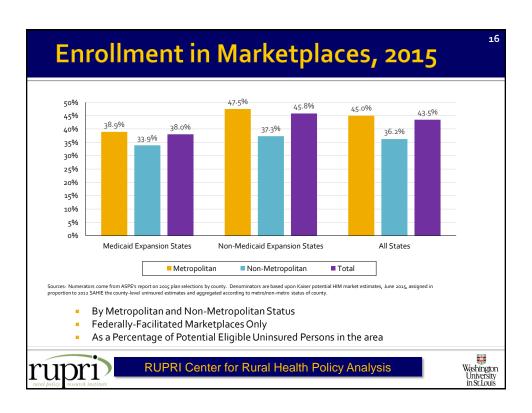


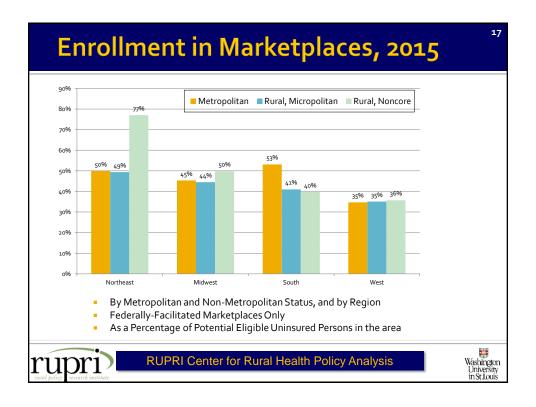


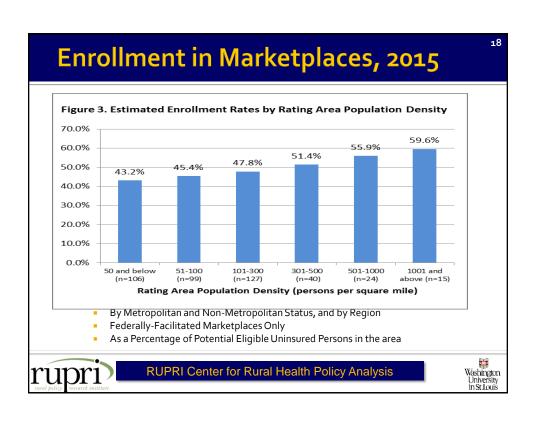


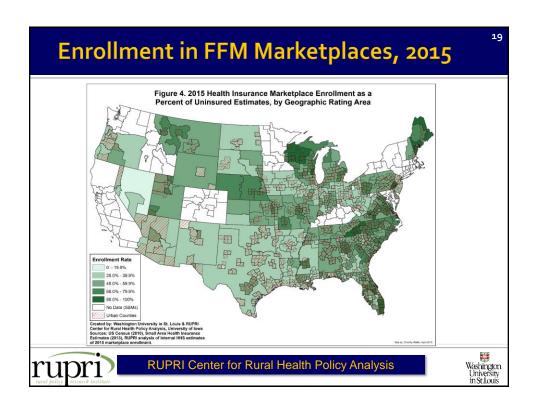
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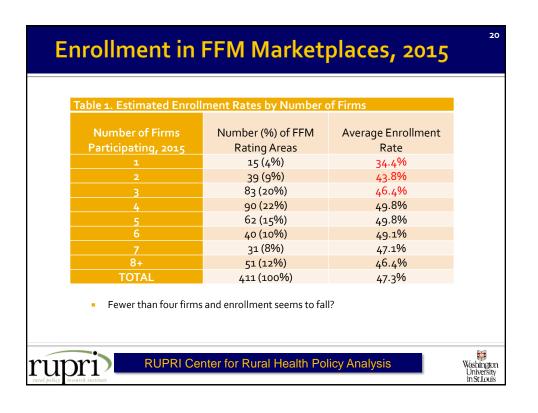












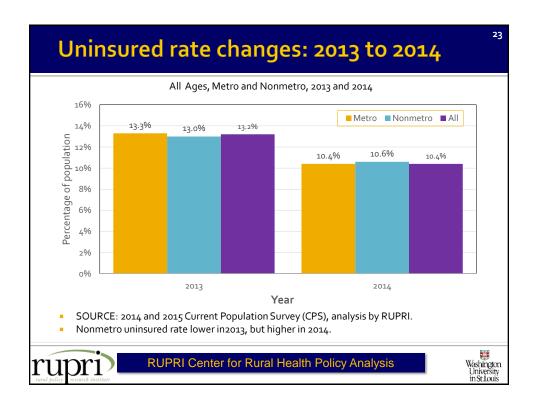


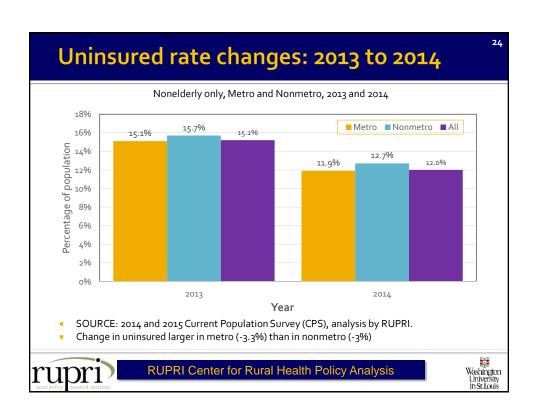


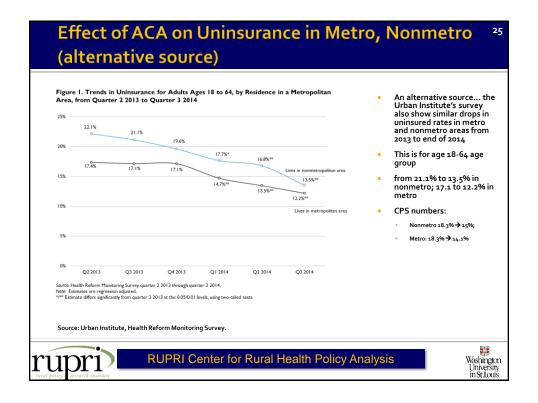
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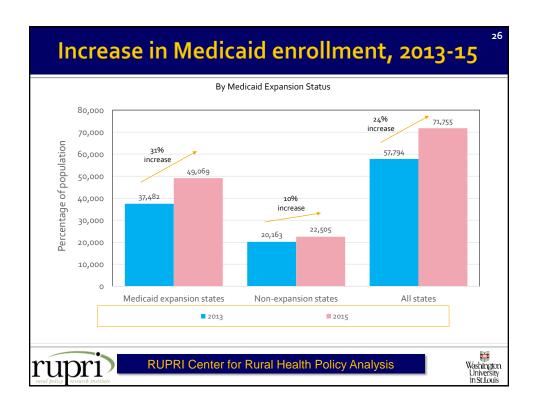


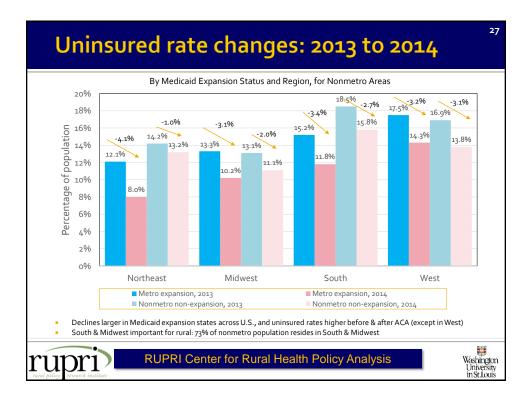
Effect of ACA on Uninsurance in the U.S Figure I. Trends in Uninsurance for Adults Ages 18 to 64 from Quarter I 2013 to Quarter 3 2015 Huge drop in uninsurance rates since 3rd quarter 2013... from 17.6% to 10.4% (7.2 16.3%** 17.1%** percentage points) 17.6% 17.6% 40% drop in uninsured in just two quarters. 14.9% Larger drop in states that expanded Medicaid 10.1%** 10.1%* (51%) as compared to states not expanding Medicaid (30% drop) Q1 2013 Q2 2013 Q3 2013 Q4 2013 Q1 2014 Q2 2014 Q3 2014 Q4 2014 Q1 2015 Q2 2015 Q3 2015 Source: Health, Reform Monitoring Survey, quarter 1 2013 through quarter 3 2015. Notes Estimates are regression situated. States expanding Medicals before September 2015 are AZ.AR, C.A., C.O., CT.DE.D.C.H., II., I.N., I.A., K.Y., MD, M.A., M.M., N.H., N.N., N.M., N.N., N.D.O.H. O.R., R.R. Listimates are not soliable for quarter 2 2015 because the Health Reform Monitoring Survey shifted from a quarterly fielding schedule to a semiannual schedule in March 2015. ""Estimate differs significantly from quarter 3 2013 at the .05/.01 levels, using two-tailed tests. Statistical significance is only reported for estimates after quarter 3 2013. Source: Urban Institute, Health Reform Monitoring Survey. RUPRI Center for Rural Health Policy Analysis Washington University in St.Louis











Other Issues?

- Rising issues:
 - Plans setting "Narrow Networks"
 - Evidence there are "narrow" networks in plans offered in the Marketplaces
 - From anecdotal and other evidence that plan organizations have adjusted or varied the "networks" of their plans
 - Is there a rural/urban differential here? Unclear
 - Who are the remaining uninsured, and what are their characteristics?
 - Affordability of health care in marketplaces
 - Many silver, bronze plans have high deductibles
 - Vast majority of people are choosing silver and bronze plans
 - What is the impact of all this on the health care system?
 - Access, Utilization, Uncompensated care?
 - Variations in this?





Preliminary Analysis of Deductibles in FFM Marketplace Plans, 2016

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	Metal type							
	Bronze		Silver		Gold		Platinum	
Deductible amount	Urban	Rural	Urban	Rural	Urban	Rural	Urban	Rural
\$0-\$3,000	0.3%	0.0%	44.4%	45.8%	96.4%	97.5%	100%	100%
\$3000-\$3,999	4.5%	5.1%	30.4%	33.5%	3.6%	2.5%	0%	0%
\$4000-\$4,999	15.1%	14.2%	11.8%	11.8%	0%	0%	0%	0%
\$5000-\$6,850	80.1%	80.7%	13.5%	8.9%	0%	0%	0%	0%
	100%	100%	100%	100%	100%	100%	100%	100%



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Conclusion

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- The marketplaces has been a bit of wild ride
 - First few years a path to 'equilibrium"
 - Are we there yet?
 - First year: turmoil; second year, entry; third year, adjustment
- The rural story
 - First two years; uneven: much good news on enrollment and premiums; but pockets of concern
 - 2016: rising premiums in rural years
- Moving forward
 - Concerns: affordability, Co-Ops, exit of some plans, narrow networks



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